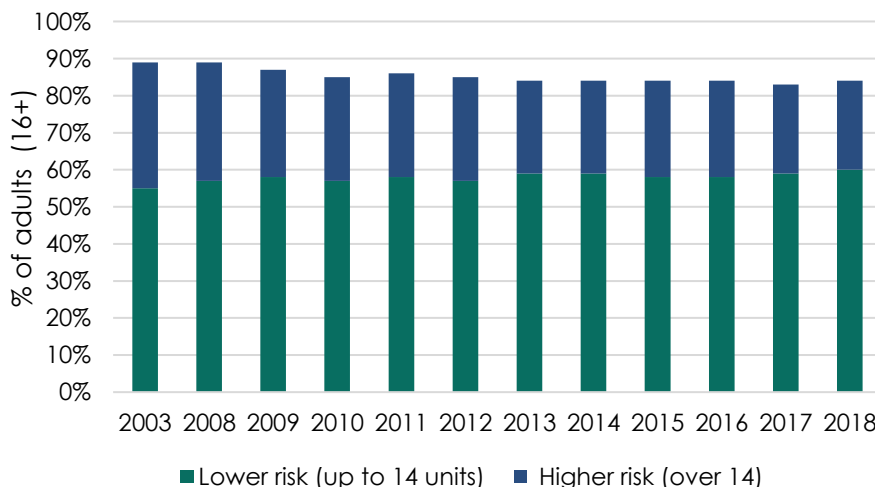


Alcohol trends in Scotland

- 'Increased risk' drinking has fallen over the last decade, including binge drinking, as increasing numbers of Scottish consumers drink responsibly
- Alcohol-related crime and hospital admissions are also on a downward trend

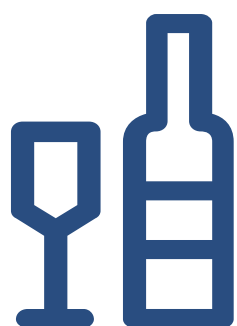


Increased risk drinking has fallen **29%**, while moderate drinking has risen **9%**



Source: Scottish Government

Mean units per week has declined from



16.1 units in 2003

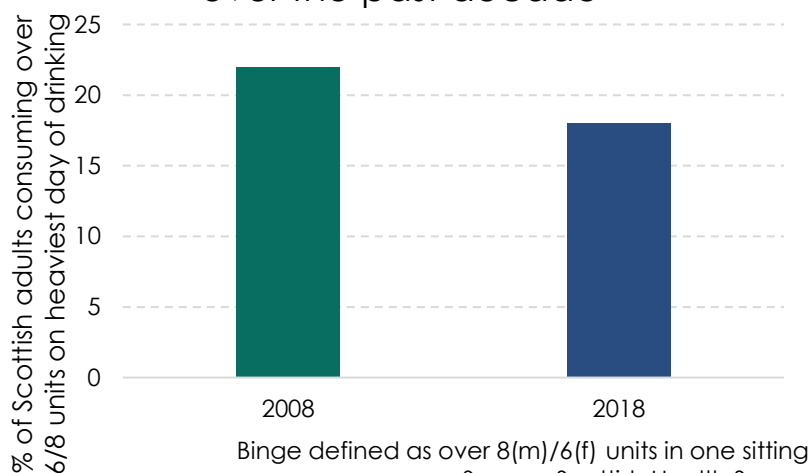


12.5 units in 2018

(14 units are equivalent to about 6 pints of beer/cider; 6 175ml glasses of wine or 14 single measures of spirits)

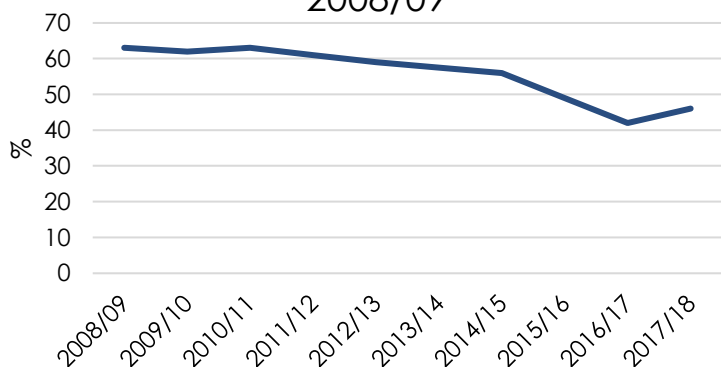
Source: Scottish Government

Binge drinking has declined **18%** over the past decade



Source: Scottish Health Survey

Violent crime involving offenders under the influence of alcohol has fallen **26%** since 2008/09



Source: Scottish Government

Alcohol-related hospital admissions have fallen **15%** since 2007/08.



Source: NHS National Services Scotland